NEW HORIZONS BAKING CO BAKERS 401K

Make the most of your future.



FAST FACTS ABOUT YOUR PLAN

There are many great benefits to being a participant in the New Horizons Baking Company 401(k) Retirement & Savings Plan for Norwalk Union Bakers. Among those benefits is exceptional customer service— online or by phone. In fact, you can count on your company and Fidelity to help support you every step of the way.

Best practices to consider:

- **The impact of an early start.** Your decision to start today could give you quite a bit more at retirement than starting five years from now.
- **Contribute as much as you can.** That amount can take you a long way toward reaching your financial goals.
- **Do what you can afford**. Start at a number that feels comfortable to you. You can always change it later. The important thing is to invest what you can afford and start right away.
- **Invest more in your plan, pay less in taxes.** Your pretax contributions come out of your pay before income taxes are taken out. You can actually lower your current taxes by investing in the plan today.

Find out how simple it can be to enroll, manage your account, and take advantage of what your company and Fidelity have to offer.

- Look inside for:
  - **Frequently Asked Questions** - The basic details of your plan including how much you can contribute and when you can take withdrawals.
  - **Investment Options -** Pick at least one investment option to get started, then consider the whole spectrum as you get more comfortable with planning.
  - **Resources for Staying on Track** - To help you meet your retirement goals, the plan offers a comprehensive communications program and planning tools to help you stay on track.

Enroll in the retirement plan

If you haven't already, enrolling in your plan is the right step towards a more secure retirement.

It's easy to join your plan and make that next great investment in yourself.

Here's how:

- First, go to Fidelity NetBenefits® at www.401k.com.
- Next, set up your password. If you're already a Fidelity customer, you can use your existing password. Please note, you will be prompted to enter your email address.
- Finally, click on the link to enroll.
- If you have questions or need help before getting started, visit www.401k.com or call Fidelity at 1-800-835-5097.
- Your plan has an automatic enrollment feature. If the automatic enrollment feature applies to you and you do not take action, you will be automatically enrolled. You will receive a separate notification explaining when the automatic enrollment will occur.

Frequently Asked Questions

Here are answers to questions you may have about the key features and benefits of New Horizons Baking Company 401(k) Retirement & Savings Plan for Norwalk Union Bakers.

When am I eligible to enroll?	All contributions	Attain Age 18 Complete 2 months of service Refer to the Plan Highlights on NetBenefits® for information regarding long-term, part-time employee eligibility to make deferral contributions. Long-term, part-time employees are not eligible to receive any matching and/or employer contributions.
When can I enroll in the plan?		Immediate upon meeting all eligibility requirements Your plan offers an Automatic Enrollment feature. Refer to Enrollment Information on previous page.
How much can I contribute?	Employee Contributions	1% to 100% of eligible compensation, inclusive of pretax and/or Roth deferrals (IRS limit of $24,500 for 2026) EGTRRA Catch Up Provision
	Contribution Change Frequency	Beginning Of Payroll Period
	Discretionary Match	Discretionary
	Discretionary Profit Sharing	Refer to the Summary Plan Description for further information regarding profit sharing contributions.
Can I make a catch up contribution?	If you are age 50 or over by the end of the taxable year and have reached the annual IRS limit or Plan's maximum contribution limit for the year, you may make additional salary deferral, pretax contributions to the Plan up to the IRS Catch-Up Contribution Limit (2026 = $8,000). Starting in 2025, the SECURE 2.0 Act increases the limit for you if you have attained age 60, 61, 62, or 63 in a given calendar year. The limit for 2026 is $11,250. Starting in 2026, if your FICA wages from the prior calendar year with your current employer exceeded $150,000, any age 50 catch-up contributions to the Plan must be made as Roth contributions. If your FICA wages were $150,000 or less, your catch-up contribution may be pretax or Roth.	
When am I vested?	Employee Contributions	100% immediate
	Discretionary Match	Years of Service for Vesting / Percentage less than 1 — 0 1 — 20 2 — 40 3 — 60 4 — 80 5 — 100
	Discretionary Profit Sharing	Years of Service for Vesting / Percentage less than 1 — 0 1 — 20 2 — 40 3 — 60 4 — 80 5 — 100
Can I take a loan?	Although your plan account is intended for the future, you may take a loan from your account.	
Can I take a withdrawal?	Withdrawals from the Plan are generally permitted in the event of termination of employment, retirement, disability, as a Required Minimum Distribution (RMD), or death. Once you have left your employer and if you have a vested pre-tax balance of $7,000 or less, your old account might roll over automatically with Auto Portability. It's like an automatic rollover as you move from your old job to your new job, so you don't have to move the money yourself. To learn more about Auto Portability, visit the Learn section on NetBenefits.com® and select the "Job changes" topic.	
What are the investment options?	See Investment Options section of this flyer.	

To enroll, make changes or learn more:
Fidelity NetBenefits® at www.401k.com (virtually 24/7)

Investment Options

Designed to meet a wide variety of investing preferences, the following investment options are available.

Investment Options to the left have potentially more inflation risk and less investment risk

Investment Options to the right have potentially less inflation risk and more investment risk

Money Market (or Short Term)	Stable Value	Bond	Balanced/Hybrid	Domestic Equities			International / Global Equity	Specialty	Company Stock
	• Standard Insurance Company Stable Asset Fund IV	**Diversified** • PIMCO Income Fund Institutional Class • American Funds The Bond Fund of America® Class R-6	• American Funds American Balanced Fund® Class R-6	**Large Value** • Putnam Large Cap Value Fund Class R6	**Large Blend** • Fidelity® 500 Index Fund	**Large Growth** • T. Rowe Price Large-Cap Growth Fund I Class	**Diversified** • ClearBridge International Growth Fund Class IS • Fidelity® International Index Fund • Goldman Sachs International Equity Income Fund Class R6 **Emerging Markets** • DFA Emerging Markets Portfolio Institutional Class	• Neuberger Real Estate Fund R6 Class	
				Mid Value • MFS Mid Cap Value Fund Class R6	**Mid Blend** • Fidelity® Mid Cap Index Fund	**Mid Growth** • Federated Hermes MDT Mid Cap Growth Fund Class R6 Shares			
				Small Value • Fidelity® Small Cap Value Fund	**Small Blend** • Fidelity® Small Cap Index Fund	**Small Growth** • American Century Small Cap Growth Fund R6 Class			

This spectrum, with the exception of the Domestic Equity category, is based on Fidelity's analysis of the characteristics of the general investment categories and not on the actual investment options and their holdings, which can change frequently. Investment options in the Domestic Equity category are based on the options' Morningstar categories as of the date indicated. There may be a number of funds in each category and each may have a significantly different risk profile as compared to other funds within that category as well as compared to funds in other categories on the spectrum. Morningstar categories are based on a fund's style as measured by its underlying portfolio holdings over the past three years and may change at any time. These style calculations do not represent the investment options' objectives and do not predict the investment options' future styles. Investment options are listed in alphabetical order within each investment category. Risk associated with the investment options can vary significantly within each particular investment category and the relative risk of categories may change under certain economic conditions. For a more complete discussion of risk associated with the mutual fund options, please read the prospectuses before making your investment decisions. The spectrum does not represent actual or implied performance.

Investing in bonds involves risk, including interest rate risk, inflation risk, credit and default risk, call risk, and liquidity risk.

Stock markets are volatile and can fluctuate significantly in response to company, industry, political, regulatory, market, or economic developments. Investing in stock involves risks, including the loss of principal.

Before investing in any investment option, consider the investment objectives, risks, charges, and expenses. Contact Fidelity for a mutual fund prospectus or, if available, a summary prospectus containing this information. Read it carefully.

INVESTMENT OPTIONS

Additional Investment Options

Target Date Funds offer a blend of stocks, bonds, and short-term investments within a single fund. They are designed for investors who don't want to go through the process of picking several funds from the three asset classes but who still want to diversify among stocks, bonds, and short-term investments.

Investment Options to the left have potentially more inflation risk and less investment risk		Investment Options to the right have potentially less inflation risk and more investment risk
Fidelity Freedom® Index Retirement Fund Premier Class Fidelity Freedom® Index 2010 Fund Premier Class Fidelity Freedom® Index 2015 Fund Premier Class Fidelity Freedom® Index 2020 Fund Premier Class Fidelity Freedom® Index 2025 Fund Premier Class	Fidelity Freedom® Index 2030 Fund Premier Class Fidelity Freedom® Index 2035 Fund Premier Class Fidelity Freedom® Index 2040 Fund Premier Class	Fidelity Freedom® Index 2045 Fund Premier Class Fidelity Freedom® Index 2050 Fund Premier Class Fidelity Freedom® Index 2055 Fund Premier Class Fidelity Freedom® Index 2060 Fund Premier Class Fidelity Freedom® Index 2065 Fund Premier Class Fidelity Freedom® Index 2070 Fund Premier Class

Target date investments are generally designed for investors expecting to retire around the year indicated in each investment's name. The investments are managed to gradually become more conservative over time. The investment risks of each target date investment change over time as its asset allocation changes. They are subject to the volatility of the financial markets, including equity and fixed income investments in the U.S. and abroad and may be subject to risks associated with investing in high yield, small cap and foreign securities. Principal invested is not guaranteed at any time, including at or after their target dates.

Resources for staying on track….

Watch for these communications in your mail or email box	**Educational Communications**	These communications can help you focus your attention on specific planning issues such as the effects of saving more or why it is important to diversify your savings among different types of investment options. To receive via email, visit the Your Profile section of Fidelity NetBenefits®.
	Fidelity Viewpoints® - Workplace Edition	Delivered three times per year via email, these communications provide real life education on topics selected by participants to help improve plan decisions and provide broad retirement and investment planning.
	Account Statements	Available online virtually 24/7 via Fidelity NetBenefits® with monthly email reminders. You may also obtain an account statement through Fidelity upon request.
Interactive learning opportunities	**Online at NetBenefits.com**	Our checklists, tools and videos can help you make smarter choices about your benefits and your money. Learn the basics. Hone your skills. Above all, get the most out of everything we have to offer.
	In Person	Call, click or visit to learn more about savings outside your retirement plan. Investor centers are located in a variety of cities nationwide to provide helpful consultations with financial needs beyond your retirement savings plan such as IRAs, college savings plans, and retirement income planning. Go to www.fidelity.com or call 1-800-Fidelity.
	On the Phone	Call 1-800-835-5097 for answers to questions about your plan and account. For automated information: call virtually any time, 24/7. For representative assistance: call between 8:30 a.m. and 8:00 p.m. ET, Monday - Friday (except certain NYSE holidays).
Save a little more each year, the easy way.	With the Automatic Increase Program, you can have your contribution amount bumped up each year, by the amount you set yourself. Go to NetBenefits® to enroll.	

To enroll, make changes or learn more:
Fidelity NetBenefits® at www.401k.com (virtually 24/7)

Investing involves risk, including risk of loss.

529 College Savings Plans are state sponsored and some Plans are managed by Fidelity.

This plan is intended to be a participant-directed plan as described in Section 404(c) of ERISA, which means that fiduciaries of the Plan are ordinarily relieved of liability for any losses under ERISA that are the direct and necessary result of investment instructions given by a participant or beneficiary.

This document provides only a summary of the main features of the New Horizons Baking Company 401(k) Retirement & Savings Plan for Norwalk Union Bakers, and the Plan document will govern in the event of any discrepancy.

Fidelity retail products and services are offered separately from your employer-sponsored retirement plan.

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